

## Classes

### Beginning Line Dance

#1497 \$48/8 sessions  
6/10-7/29 Mon, 6:45-7:45 p.m.  
Instructor: Nancy Franklin

### Belly Dance

#1495 \$44/8 sessions  
6/11-7/30 Tues, 6-7 p.m.

### Oil Paint:

Instructor: David Bienkowski  
#1491 \$50/6 sessions  
6/6-7/18 Thu, 1-4 p.m.  
All skill levels welcome - from beginner to advance. Supplies needed prior to the start of class. Supply costs: \$100-\$150. (Not included).

### Senior/Disabled Swim:

Mon-Thur 1/2-5/24 3:30-5pm  
Location: **Burriss Pool** 1325 Sonoma Ave.  
Fee: \$1.25 per visit. Must purchase a swim card in advance at the Modesto Senior Center.

### Zumba Night

Instructor: Deanna Olsen  
#1487 \$50/15 sessions  
5/1-9/4 Wed, 4:30-5:30 p.m.  
Designed for the active older adult that is looking for a modified Zumba class. Focus is on introducing choreography to enhance balance, cardiovascular conditioning, coordination and flexibility. Scholarships available for low-income Modesto residents through the Leisure Bucks program. Wear tennis shoes

### Zumba Gold Dance Party-Days

Starting June 10, there will be two daily sessions of Zumba. You may only register for one session per day.

Session #1 4021 Mon, 12:30-1:15 p.m.  
Session #2 4293 Mon, 1:45-2:30 p.m.  
and/or  
Session #3 4325 Thu, 12:30-1:15 p.m.  
Session #4 4326 Thu, 1:45-2:30 p.m.

**Please fill out registration in office (gold paper) to select your sessions.**

Instructor: Deanna Olsen  
Fee: \$1 per class. Activity Card available in senior center office to pre-purchase classes. Scholarships available for low-income older adults that reside in Modesto.

### Drop-In Games

Call the office in advance to ensure enough people will be available to play (209) 341-2974

Mon	9 am	Cards
	1 pm	Bridge/Chess
Tue:	1:15 pm	Bunco
Wed:	9 am	Pinochle/Spades
	12:15	Movie Matinee
	1 pm	Hand and Foot
Fri:	9 am	Pinochle



## Community

### Movie Matinee

Wednesdays 12:15 pm Auditorium

6/5 *Adam's Rib*  
6/12 *A Wrinkle in Time*  
6/19 *Despicable Me 3*  
6/26 *Robin Hood*

### Senior Meals

Enjoy a nutritiously-balanced meal and a social dining experience with friends and peers. \$3 donation for person age 60 and over. Provided by Area Agency on Aging  
**Mondays, Wednesdays, Thursdays**  
11:30 a.m. RSVP: 209-480-4337 at least 24 hrs. in advance. Menus available upon request

### Senior Technology Assistance

Volunteers will help teach how to use your: Flip phones, Laptops, Smart Phones, programs, save/download pics, tablets and more. RSVP recommended 341-2974  
**Wednesdays 2:30-4 p.m. FREE**

### Walking Group

Join a volunteer-led walking group on a pre-determined route across from senior center.

### Mon/Wed

9:00 am

### Mon/Wed/Fri

10:30 am (Weather permitting)

Check-in at the senior center office before or after walk.

**Modesto Senior Citizens Center**  
211 Bodem Street

### Hours:

Mon, Wed, Fri, 8 a.m.-4 p.m.  
Tue, Thur, 9 a.m.-3 p.m.

### Contact

Shannon Parker, Coordinator  
**Phone: (209) 341-2974**  
Fax: (209) 491-4341  
E-mail: [sparker@modestogov.com](mailto:sparker@modestogov.com)  
Web: [www.modestogov.com/prnd](http://www.modestogov.com/prnd)

## Club Contacts

**Forever Young Dance Club**  
(209) 534-7663

**Modesto Senior Citizens Club-Bingo**  
(209) 495-1570

**Native Daughters of the Golden West**  
(209) 896-7500

## Wi-Fi Available

The senior center now has Wi-Fi. Ask staff for password to get started. Provided by:

**LinkMODEST**