

## **CHEAT SHEET TO YOUR HEALTH INSURANCE**

City of Modesto contracts with several carriers to provide different insurance coverages. Depending on what medical health insurance you are enrolled in, you may have different providers for different services. Below is a list to guide you.

**Your Medical coverage is: Blue Shield HMO**

Dental provider: Delta Dental

Vision provider: VSP

Mental health provider: PacifiCare Behavioral Health

Chiropractic provider: American Specialty Health

**Your Medical coverage is: Blue Shield PPO**

Dental provider: Delta Dental

Vision provider: VSP

Mental health provider: PacifiCare Behavioral Health

Chiropractic provider: American Specialty Health

**Your Medical coverage is: Blue Shield HDHP**

Dental provider: Delta Dental

Vision provider: VSP

Mental health provider: Blue Shield HDHP PPO

Chiropractic provider: Blue Shield HDHP PPO

**Your Medical coverage is: Kaiser HMO**

Dental provider: Delta Dental

Vision provider: VSP

Mental health provider: Kaiser HMO

Chiropractic provider: American Specialty Health

**Your Medical coverage is: Kaiser HDHP**

Dental provider: Delta Dental

Vision provider: VSP

Mental health provider: Kaiser HDHP

Chiropractic provider: No coverage

**Your Medical coverage is: PacifiCare Secure Horizons (Retirees 65 or older only)**

Dental provider: Delta Dental

Vision provider: VSP

Mental health provider: PacifiCare Secure Horizons

Chiropractic provider: American Specialty Health

**Your Medical coverage is: PacifiCare Supplemental (Retirees 65 or older only)**

Dental provider: Delta Dental

Vision provider: VSP

Mental health provider: Medicare

Chiropractic provider: American Specialty Health

**Your Medical coverage is: Kaiser Senior Advantage (Retirees 65 or older only)**

Dental provider: Delta Dental

Vision provider: VSP

Mental health provider: Kaiser Senior Advantage

Chiropractic provider: American Specialty Health