



## ADAPTIVE RECREATION

### Bowling

This bowling league is designed for individuals with special needs and/or physical disabilities.

**LOCATION:** Yosemite Lanes  
2301 Yosemite Boulevard

#41952 6+ yrs 16 sessions/\$44  
Apr 1-Jul 15 Thur, 4-6 pm

### Senior/Disabled Swim

A drop-in program for seniors and disabled persons designed to stretch their muscles, work their joints and get them moving in an indoor heated therapeutic pool. A swim card is required. Cash is not accepted at pool site (see box on page 12 for more information). Pool closed on major holidays.

**LOCATION:** Burris Pool, Sonoma Elem.  
1325 Sonoma Avenue

Jan 4-May 27 Mon-Thur, 3:30-5 pm

### Friday Night Out on page 14 in Free Programs.



## ART

The following art classes are provided in partnership with the Central California Art Association (CCAA).

Instructors are qualified and experienced art educators. For questions regarding supplies and/or course information, contact the CCAA at (209) 529-3369.

### Mommy/Daddy & Me

Adults will assist their child in experiencing the fun of painting and creating with color. Each week will be a different art adventure. An adult must accompany child. Supplies furnished.

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Mistlin Gallery  
1015 J Street

#41405 3-5 yrs 4 sessions/\$40  
Jan 20-Feb 10 Wed, 11 am-noon

#41406 3-5 yrs 4 sessions/\$40  
Mar 3-Mar 24 Wed, 11 am-noon

### My First Art Class

Children will experience the fun of painting by creating new colors and learning to handle paints and brushes. New lessons at each session. Supplies furnished.

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Mistlin Gallery  
1015 J Street

#41408 5-7 yrs 6 sessions/\$60  
Jan 20-Feb 24 Wed, 3:30-4:30 pm

#41409 5-7 yrs 6 sessions/\$60  
Mar 3-Apr 7 Wed, 3:30-4:30 pm

### Basic Art

Students who want to know more about perspective, color, texture, proportion, elements of art and the principles of art should take this class. New lessons at each session. Sketchbook is required. Most supplies will be furnished.

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Mistlin Gallery  
1015 J Street

#41402 8-12 yrs 6 sessions/\$45  
Jan 21-Feb 25 Thur, 3:30-4:30 pm

### The Science of Art

What do science and art have in common? This fun, hands-on workshop will show students that these subjects have more in common than they might think. Students will learn about distorted images and try to draw their own. They will also learn how colors combine both scientifically and artistically.

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Mistlin Gallery  
1015 J Street

#41410 8-13 yrs 1 session/\$20  
Jan 13 Wed, 3:30-4:30 pm

#41411 8-13 yrs 1 session/\$20  
Mar 17 Wed, 3:30-4:30 pm

### Fun with Painting

Students will concentrate on painting with different media, techniques and subject matters. Art aprons should be worn to class. Supplies will be furnished.

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Mistlin Gallery  
1015 J Street

#41403 14-17 yrs 4 sessions/\$40  
Mar 11-Apr 1 Thur, 3:30-4:30 pm

### Oil Painting

Create lasting works of art as you learn the skills and techniques of color and composition through oil painting. All skill levels welcome - from beginner to advanced. Supplies needed prior to the start of class. Call (209) 577-5344 for supply list. *Supply costs: \$100-\$150.*

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Senior Citizens Center  
211 Bodem Street

#40502 18+ yrs 6 sessions/\$40  
Jan 7-Feb 25 Thur, 1-4 pm  
(No class Jan 14 & Feb 11)

#40503 18+ yrs 6 sessions/\$40  
Mar 4-Apr 22 Thur, 1-4 pm  
(No class Mar 11 & Apr 8)

### YOUNG REMBRANDTS

Young Rembrandts focuses on teaching children to draw, using a structured step-by-step method. This process gives young students instruction on how to draw increasingly complex images at a crucial time in their development.

### Young Rembrandts Pre-School

This class will concentrate on the skills of drawing and coloring while developing fine motor skills, focus, listening, staying on task, patience and spatial organization. No prior art class experience is necessary. There will be new lessons each class and each session.

**INSTRUCTOR:** Young Rembrandts

**LOCATION:** Senior Citizens Center  
211 Bodem Street

#40957 3-5 yrs 4 sessions/\$40  
Jan 6-Jan 27 Wed, 3-3:45 pm

## FREE PROGRAM AND SPECIAL EVENT FACILITIES



[www.modestogov.com/prnd/recreation/kkmc](http://www.modestogov.com/prnd/recreation/kkmc)

### KING-KENNEDY MEMORIAL CENTER

**LOCATION:**

601 S. Martin Luther King Drive

**PHONE:** (209) 522-6902 or

(209) 341-2980

**HOURS:** Mon-Fri, 8 am-5 pm

**E-MAIL:** [aschultze@modestogov.com](mailto:aschultze@modestogov.com)



[www.modestogov.com/prnd/recreation/maddux](http://www.modestogov.com/prnd/recreation/maddux)

### MADDUX YOUTH CENTER

**LOCATION:**

615 Sierra Drive

**PHONE:** (209) 341-2950

**HOURS:** Mon-Thurs, 11 am-7 pm

Fri, 11 am-5 pm, Sat, 9 am-1 pm

**E-MAIL:** [blockard@modestogov.com](mailto:blockard@modestogov.com)



[www.modestogov.com/prnd/recreation/marshallpark](http://www.modestogov.com/prnd/recreation/marshallpark)

### NEIGHBORHOOD CENTER AT MARSHALL PARK

**LOCATION:**

420 A Chicago Avenue

**PHONE:** (209) 341-2980

**HOURS:** Mon-Fri, 8:30 am-noon

**E-MAIL:** [aschultze@modestogov.com](mailto:aschultze@modestogov.com)



[www.modestogov.com/prnd/recreation/scc](http://www.modestogov.com/prnd/recreation/scc)

### SENIOR CITIZENS CENTER

**LOCATION:** 211 Bodem Street

**PHONE:** (209) 341-2974

**HOURS:** Mon-Fri, 8 am-4 pm

**E-MAIL:** [sparker@modestogov.com](mailto:sparker@modestogov.com)

## FREE ADAPTIVE RECREATION PROGRAMS

### ADAPTIVE: Friday Night Out

This social recreation program for persons with disabilities ages six and up promotes healthy socialization, builds self-esteem, and develops leisure awareness through the use of games, crafts, music and special events. Co-sponsored by the Special Olympics.

### First Friday of each month.

**LOCATION:** Senior Citizens Center  
211 Bodem Street

6+ yrs

7-9:30 pm

### Mardi Gras Party

Decorate a mask, dance and enjoy the live music with the Forever Young Club.

Jan 8 Fri FREE

### Movie Night

We'll enjoy great snacks and watch a movie on our theatre-size screen.

Feb 5 Fri FREE

### Pizza and Bingo Night

What would be better than a night of pizza and bingo?

Mar 5 Fri \$2 fee for pizza

### Be on Your Game!

On your mark, get set, GO!!! Activities galore will be available from car races and horse races to games like bocce ball, shuffle board, giant basketball and much more. See you on game day!

Apr 2 Fri FREE

### Spring Social

Start your spring off right with a night of music and refreshments.

May 7 Fri FREE