



## ADAPTIVE RECREATION

### Bowling

Bowling league designed for individuals with special needs and/or physical disabilities.

**LOCATION:** Yosemite Lanes  
2301 Yosemite Boulevard

#37754 6+ yrs 12 sessions/\$34  
Jul 23-Oct 8 Thur, 4-6 pm

### Senior/Disabled Swim

A drop-in program for seniors and disabled persons designed to stretch their muscles, work their joints and get them moving in an indoor heated therapeutic pool. A swim card is required. Cash is not accepted at pool site, see chart on page 20 for more information. Pool closed on major holidays.

**LOCATION:** Burris Pool, Sonoma Elem.  
1325 Sonoma Avenue

Jun 22-Aug 13 Mon-Thu, 12:30-2 pm

### Friday Night Out and Open Gym in Free Programs on page 24.



## ARCHERY

### Archery

The Yahi Bowmen of Modesto offers this course in the fundamentals of archery. The day begins with 45 minutes of instruction followed by hands on archery activities; handling the equipment and shooting at targets. The day ends with a barbecue lunch. Participants receive a certificate of completion, club pin and workbook.

**INSTRUCTOR:** Yahi Bowmen of Modesto

**LOCATION:** Archery Range at the Modesto Reservoir  
18143 Reservoir Road

#38271 8+ 1 session/\$30  
Jun 6 Sat, 9 am-2 pm

#38272 8+ 1 session/\$30  
Jun 13 Sat, 9 am-2 pm



## ART

Art classes held at the Mistlin Gallery are provided in partnership with the Central California Art Association (CCAA).

Instructors are qualified and experienced art educators. For questions regarding supplies and/or course information, contact the CCAA at (209) 529-3369.

### Mommy/Daddy & Me

Adults will assist their child in experiencing the fun of painting and creating with color. Each week will be a different art adventure. An adult must accompany child. Supplies furnished.

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Mistlin Gallery  
1015 J Street

#38264 3-5 yrs 4 sessions/\$40  
Jul 9-Jul 30 Thur, 11 am-noon

### My First Art Class

Children will experience the fun of painting by creating new colors and learning to handle paints and brushes. Lessons will be different at each session of the class. Supplies furnished.

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Mistlin Gallery  
1015 J Street

#38267 5-7 yrs 6 sessions/\$60  
Jul 7-Aug 11 Tue, 4-5 pm

### Beginning Drawing and Painting

Learn to see as a young artist. Students will draw in black and white and paint in color. Basic fundamentals of drawing and painting techniques will be taught. Bring your own 9" x 12" drawing pad. Other supplies will be furnished.

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Boy Scout Clubhouse  
400 Ensen Avenue

#38260 9-12 yrs 4 sessions/\$45  
Jul 7-Jul 16 Tue, Thur, 10-11 am

### Intermediate Drawing and Painting

Students will learn to draw and paint with emotion. This class is designed for students who have completed Beginning Drawing and Painting and are ready for more advanced techniques. Bring your own 11" x 14" drawing pad. Other supplies will be furnished.

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Boy Scout Clubhouse  
400 Ensen Avenue

#38262 9-12 yrs 4 sessions/\$45  
Jul 21-Jul 30 Tue, Thur, 10-11 am

### The Science of Art

What do science and art have in common? This fun, hands-on workshop will show students that these subjects have more in common than they might think. Students will learn about distorted images and try to draw their own, and how colors combine both scientifically and artistically.

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Mistlin Gallery  
1015 J Street

#38269 8-13 yrs 1 session/\$20  
Jul 15 Wed, 3:30-4:30 pm

#38270 8-13 yrs 1 session/\$20  
Jul 29 Wed, 3:30-4:30 pm

### Oil Painting

Create lasting works of art as you learn the skills and techniques of color and composition through oil painting. All skill levels welcome - from beginner to advanced. Supplies needed prior to the start of class. Call (209) 577-5344 for supply list. *Supply costs: \$100-\$150.*

**INSTRUCTOR:** Central CA Art Assoc.

**LOCATION:** Senior Citizens Center  
211 Bodem Street

#36851 18+ yrs 6 sessions/\$40  
Jun 18-Jul 23 Thur, 1-4 pm