



Modesto Regional Fire Authority

“We Care”

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Office of the Fire Chief
Press Release

FOR IMMEDIATE RELEASE

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Your Touch Can Save Lives

Modesto, CA - The Modesto Regional Fire Authority, is joining with American Medical Response, for the World CPR Challenge. On Wednesday May 21st we are hosting Free, compression only CPR classes. It's FAST, it's FREE and it's EASY to learn CPR. Your Touch can truly save a life!

Compression-only CPR is proven to be effective in saving lives. Maybe the life of someone you love. Learn to “Pay it Forward” by learning this valuable life saving skill. It just takes a few minutes. It's a simple process that we'll teach you how to perform. Rescuers only need to learn the “3 Cs”:

- Check the victim
- Call 911 and get an AED if one is available
- Compress the chest by pushing hard and fast

No cost CPR Training will be provided at four MRFA Fire Stations. Classes start at 12:00 p.m. and run through 7:00p.m. Anyone drop in at any of the stations listed for one of our free sessions.

Families, children and friends are all invited. This is a great opportunity for small groups to learn together. This is a non-certificated course.

For questions, please call the Modesto Regional Fire Authority Headquarters at (209) 552-3600

Training sites are located at:

- Station 4 - 1505 Blue Gum Ave.
- Station 5 – 200 W. Briggsmore Ave.
- Station 10 – 148 Imperial Ave
- Station 12 – 4820 Salida Blvd.

The more people we teach CPR, the more lives that can be saved. Will you be part of the challenge?

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