

MORE FUN!

Movie Matinee, 50+ yrs

Enjoy a classic or new release movie every week with fresh made popcorn. Monthly movie list available at:
<http://www.modestogov.com/DocumentCenter/View/5263/Bodem-Senior-Center-Activity-Calendar-PDF>.

Location: Senior Citizens Center, 211 Bodem Street

FREE	12:15-2:30pm	Wednesdays
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Senior Games, 50+ yrs

The Senior Center offers a variety of FREE games on a weekly basis. Drop in Mon/Wed/Thurs.

Location: Senior Citizens Center, 211 Bodem Street

Mon	9:00am	Cribbage
Mon	10:00am	Mah Jongg
Mon	1:00pm	Bridge
Mon	1:00pm	Chess
Tues	1:30am	Bunco
Wed	9:30am	Spades
Wed	10:00am	Pinochle
Wed	1:00pm	Hand and Foot
Thurs	9:30am	Mexican Train
Fri	10:00am	Pinochle

Senior Meals, 60+ yrs

A hot nutritious lunch is available at the Modesto Senior Center for county seniors 60 years and older. For menu: <http://modestogov.com/DocumentCenter/View/5118/Senior-Lunch-Program-Calendar-PDF>. **Reservations are required, please call (209) 480-4337.**

Location: Senior Citizens Center, 211 Bodem Street

\$3 donation	11:30am-12:00pm	Mon Wed Thurs
Closed: 1/21, 2/18		

**FREE PROGRAMS**

ADAPTIVE RECREATION

Friday Night Out, 6+yrs

This social recreation program for persons with disabilities ages six and up promotes healthy socialization, builds self-esteem, and develops leisure awareness through the use of games, crafts, music, and special events.
Co-sponsored by the Special Olympics.
First Friday of each month.

Location: Senior Citizens Center, 211 Bodem Street

FREE	7:00-9:30pm	1st Friday of the month
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RING IN THE NEW YEAR - JAN 4

Ring in the New Year with a Game Night. Come enjoy all kinds of games.

MOVIE NIGHT - FEB 1

We'll enjoy great snacks and watch a movie on our theater sized screen.

PIZZA AND BINGO NIGHT - MAR 1

What would be better than a night of pizza and bingo?
** \$2 fee for pizza

NO FOOLIN' KARAOKE - APR 5

No foolin', it's Karaoke Appreciation Month. Sing your favorite song from a playlist.

SPRING SOCIAL - MAY 3

Start your Spring off with a night of music and refreshments.

ARTS & MUSIC

M.A.D. & Karaoke Lounge, 12+ yrs

M.A.D. Lounge (Music, Art & Dance) is a fun, energetic and creative atmosphere for youth and teens to share their musical instruments, artistic skills in drawing, and dance talents!

Location: Maddux Youth Center, 615 Sierra Drive

FREE	Fridays 3:30-5:00pm Saturdays 1:00-3:00pm
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DANCE

Grupo Folklorico Mixtlan, All Ages

For children and teens of all ages to learn traditional Mexican dance. Please contact Maddux Youth Center for more information (209) 341-2950.

Instructor: Lorrie Becerra

Location: Maddux Youth Center, 615 Sierra Drive

FREE	5:00-6:30pm	Tuesdays
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Hip Hop Dance, 10+ yrs

Hip-hop dance allows people to express themselves without barriers though "freestyle" dance-structured choreography, where dancers have the opportunity to practice style and technique. After perfecting the fundamentals of hip-hop dance, dancers have an easier time learning and creating new techniques, dance styles, and routines. Participants learn a variety of movements as they develop their coordination and exciting fundamental Hip Hop Dance Moves.

Location: Maddux Youth Center, 615 Sierra Drive

FREE	5:00-6:00pm	Mondays and Wednesdays
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FITNESS

Dance Fitness, 16+ yrs

This unique training program teaches the basic dance steps needed to participate in your first Dance Fitness class. It incorporates physical exercises using light weights and dance steps to the rhythms of Cumbia, Merengue, Mambo, Salsa, Samba and much more. Discover how easy and fun losing weight, toning your muscles and getting in shape can be. All fitness levels are welcome!

Location: Maddux Youth Center, 615 Sierra Drive

FREE	5:00-6:00pm	Mondays and Wednesdays
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PAL Boxing, 10-17 yrs

This is the Police Activities League's oldest activity. Boys and girls are encouraged to participate. PAL Boxing stresses the importance of hard work, education, good manners, fitness, conditioning and sportsmanship. *\$30 annual membership fee to Stanislaus County PAL.*

Location: Maddux Youth Center, 615 Sierra Drive

FREE	5:00-7:00pm	M T W Th
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Yoga Fitness, All Ages

Gentle movements and poses will help increase flexibility. This class focuses on three aspects: breathing, meditation and posture, that improve overall fitness and tone muscles and abdominals. Stretching routines are characterized by slow intervals coupled with toning recovery periods to define muscles and strengthen core muscle groups. All fitness levels are welcome!

Location: Maddux Youth Center, 615 Sierra Drive

FREE	5:00-6:00pm	Thursdays
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SPORTS

Basketball: Adult, 18+ yrs

Enjoy high-energy fun as you take part in 3 on 3 team basketball games and showcase your skills on the court while increasing your over-all fitness level.

Location: Maddux Youth Center, 615 Sierra Drive

FREE	Tues-Fri 1:30-3:00pm Sat 11:00am-3:00pm	
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Basketball: Teen Co-ed, 14-17 yrs

Get fit while playing and learning the fundamentals and more advanced playing methods of basketball. Learn strategy of play and participate in 3 on 3 competition games.

Location: Maddux Youth Center, 615 Sierra Drive

FREE	2:30-4:00pm	M T W Th
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Basketball: Youth Co-ed, 10-13 yrs

Learn the fundamentals of basketball! Expand, sharpen, and develop your basketball playing skills. Coaches and staff are here to assist you! Develop teamwork, sports skills.

Location: Maddux Youth Center, 615 Sierra Drive

FREE	4:00-5:30pm	Tuesdays and Thursdays
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Futsal, 5-12 yrs

Futsal is for boys and girls 12 years and under to develop quick thinking skills in small spaces. Recreation staff will teach the fundamentals of Futsal rules of play and sportsmanship will be emphasized. Participants will learn skills in creative drills, playing strategy, and technique methods as well as ball control and passing.

Location: Maddux Youth Center, 615 Sierra Drive

FREE	3:30-4:30pm	Mondays
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REGISTRATION

CLASSES

ACTIVE OLDER
ADULTS

FREE
PROGRAMS

SPECIAL
EVENTS

FACILITIES

Jr Giants, 5-13 yrs

Junior Giants is a FREE 8-week, non-competitive baseball league for boys and girls ages 5-13 in the 2018-2019 school year. The league focuses on the fundamentals of baseball as well as leadership, teamwork, confidence, and integrity. Games are scheduled to begin in June. Coaches and Player registration opens April 2019. Register online at jrgiants.org or modestogov.com/prnd. For more information, contact Stephanie Smith at (209) 577-5450 or ssmith@modestogov.com.

**SUPPORT AND INFORMATION****Homework Time, 8+ yrs**

Maddux Youth Center cares about school. They have set aside an hour of quiet time to help kids with homework, get homework started, or get it done.

Location: Maddux Youth Center, 615 Sierra Drive

FREE	3:45-5:00pm	M T W Th
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TECHNOLOGY**Basic Computer Class, 16+ yrs**

This drop-in hour is a time for teens to come and learn a bit about how to use a computer or navigate through the internet - please contact Maddux Youth Center for more information (209) 341-2950.

Location: Maddux Youth Center, 615 Sierra Drive

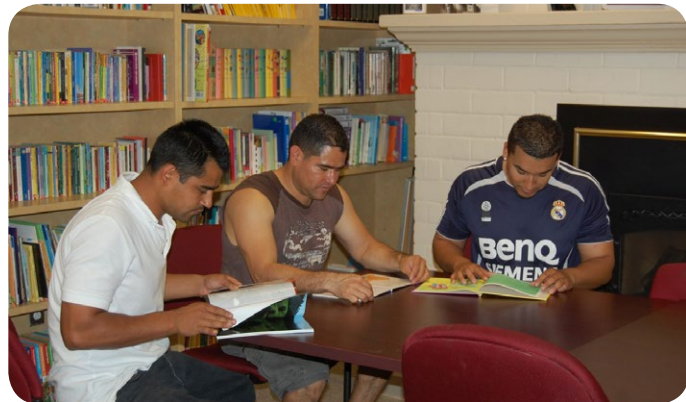
FREE	3:00-5:30pm	Tuesdays
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Job Resource Lab & Basic Computer Skills, 16+ yrs

This lab is a time for adults or teens to come in and work on their resumes and apply for or search for jobs and colleges. *Designed for ages 16 and up.*

Location: Maddux Youth Center, 615 Sierra Drive

FREE	M-F 2:00-5:00pm Saturdays 11:00am-2:30pm
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**YOUTH CAMPS****REACH After School: Recreation ▪ Education ▪ Arts ▪ Culture ▪ Health, 6-12 yrs**

Staff will provide homework assistance and educational enrichment activities that reinforce subjects learned in school. Participants will be able to use math, science, reading, and writing skills in fun and creative projects; includes artistic, multicultural, fitness and nutrition activities. Registration is FREE and participants can register Mondays on site at the Neighborhood Center at Marshall Park.

Location: Neighborhood Center at Marshall Park, 420 Chicago Avenue (Building A)

FREE	2:45-6:00pm	M W F	1/14-5/31
Closed Holidays			

Kids' TIME: Teach ▪ Inspire ▪ Motivate ▪ Empower, 6-12 yrs

Activities will cover arts, computer skills, crafts, friendship, goal setting, study habits, science, sports, and more. Each Saturday will have a central theme and supporting activities. Themes include sloppy science, international day, fantastic holidays, and awesome animals. Registration is FREE and participants can register on site Saturdays at the Neighborhood Center at Marshall Park.

Location: Neighborhood Center at Marshall Park, 420 Chicago Avenue (Building A)

FREE	1:00-3:00pm	Saturdays	3/02-5/11
Closed Holidays			